EXIT STRATEGY POLICY

An exit strategy is a plan for withdrawing care resources while ensuring that the goals of the emergency response are not jeopardised and recognises it can achieve better outcomes for affected populations when an exit is strategically planned with relevant key stakeholders. Expectations should be managed by informing Local Authorities and the community about the extent of 1st Healthcare’s commitment. This allows better decisions to be made about how to employ local resources. Exit strategies should include possible indicators or outcomes for exit, monitoring systems for measuring progress towards exit conditions, and identification of capacities to be built and left behind.

PROCESS

1st Healthcare follows a set process of starting and ending a placement or multiple placements. At the exit stage of a placement, we will evidence the outcomes and review the progress made with the child as well as highlighting any challenges or new concerns so as to share vital information with the new provision of care the young person will be moving on to. This is represented in reports such as self - care/personal hygiene, reviewed risk assessments, safety plan, pathway previews, education and general milestones.

REVIEW OF DELIVERABLES

This is an important part of our exit strategy. We will ensure a full detailed outcomes report is provided to the Local Authority. This report will contain the young person’s targeted outcomes and the progress made against each of these from the start of the placement to the exit stage.

This allows care authorities to audit their investment in our care service. It also offers valuable information about the young person’s future needs, remaining barriers and long - term goals that the key workers and management have developed with the young person.

CARE RESPONSIBILITIES POST – PLACEMENT

1st Healthcare retains its policies on extended support after a placement ends. The preparation for this usually starts when there is an indication of an unplanned end of placement. 1st Healthcare offers a young person ongoing support in their new lives. Support which is there to help them adjust to a more independent life which some young people may struggle with, e.g. paying bills and rent, carrying on with planned pathways in employment /education or training. A young person’s needs are likely to change when they leave our units to live their lives elsewhere.

Arrangements to spend a few hours a week with the young person will be made at the exit planning stage. A member of staff will have a pre - arranged schedule on particular dates to visit the young person.

Sometimes depending on the young person’s needs visits may be random or they can be a set day of the week or number of times a month.

INDEPENDENT LIVING ASSESSMENT

In line with one of 1st Healthcare’s major aims in the care of a young person, the young person’s knowledge of local resources and the ability to access support resources is one of the measurable progression targets in our young people’s care plan. The independent living assessment tool which is accessed on the records database system consisting of a series of multiple - choice questions designed to score a young person’s knowledge of where to access things they would need to manage their own lives as they enter adulthood. Towards the exit stage, key workers will accelerate the learning process in a bid to get the child in an area between 80% - 90% or at least a significant increase of 50%. Some of these competencies are:

1. How to open a bank account and perform basic uses.
2. How to apply for a provisional driver’s licence
3. 3. Passport application /renewal
4. 4. Access to the local sexual health clinic
5. Manage yearly eye tests
6. Understanding the responsibilities of loans/overdrafts
7. 7. How to apply for a trade certification
8. Employment training programmes /apprenticeships
9. Registering to vote
10. Understanding tenancy and letting process and responsibilities
11. Understanding taxation and national insurance
12. Responsible health management
13. Use and access to legal support
14. Consumer rights
15. Universal credit and other entitlements.
16. Nationalisation /immigrant rights

DATA AND REPORT RELEASE

1st Healthcare uses a care management system that archives reports with access extended to local authorities and other connected agencies. The company itself will follow GDPR expectations (refer to our GDPR Policy for further information) and only summary records may be retained. All reports concerning individual young people who are about to exit the placement is sent out to their social worker /placement team and then the young person will be closed on the system. We do not hold data indefinitely.